

Golee Abrishami

Program Director for Oceanaire Adult Eating Disorder Program

W: <http://www.worky.com/golee-abrishami>

Therapist Golee Abrishami, PhD, currently serves as Program Director for Oceanaire Adult Eating Disorder Program. In this position, she supervises group, family, and individual psychotherapy sessions for the treatment of a variety of eating disorders, such as anorexia and bulimia. Dr. Abrishami also oversees the program's staff and the development and implementation of treatment programs. Licensed as a clinical psychologist, Golee Abrishami, PhD, possesses experience in dialectical behavioral therapy and cognitive behavioral therapy as well as psychotherapy outcome research. She belongs to the American Psychological Association, California Psychological Association, and the Alameda County Psychological Association.

Golee Abrishami's Professional Experience

2012 - Present

Oceanaire Adult Eating Disorder Program - Program Director

In this position, she supervises group, family, and individual psychotherapy sessions for the treatment of a variety of eating disorders, such as anorexia and bulimia. Dr. Abrishami also oversees the program's staff and the development and implementation of treatment programs.

2009 - 2012

The Center for Discovery - Lead Therapist

Responsible for implementation of the clinical program consisting of individual, family and group psychotherapy in a residential setting for adolescents and young adults suffering from eating disorders including Anorexia Nervosa, Bulimia Nervosa and Eating Disorder NOS at the residential and partial hospitalization level of care. • Serve as primary therapist to develop, implement, and evaluate ongoing clinical treatment programs specific for each client in conjunction with a multidisciplinary team. • Maintain clinical charts including creating intake and discharge summaries, treatment plans. • Maintain ongoing communication with each client's outpatient treatment team. • Serve as insurance utilization reviewer to obtain authorization for continued care from multiple carriers.

Golee Abrishami's Education and Qualifications

2009

PhD/Doctorate - Clinical Psychology
Brigham Young University

2002

Bachelor/Degree - Psychology
California State University-Sacramento

Golee Abrishami's Additional Information

Links

Golee Abrishami's Site - <http://goleeabrishami.com/>

Golee Abrishami - Wordpress - <http://goleeabrishami.wordpress.com/>

Golee Abrishami - Identyme - <http://identyme.com/GoleeAbrishami>

Golee Abrishami - Weblist - <http://weblist.me/golee-abrishami>

Golee Abrishami - Zerply - <http://zerply.com/golee-abrishami/public>

Interests

Snowboarding, Cross country skiing, kayaking, Hiking, Food and wine, Rock climbing, sailing, entertaining.
