

# Paul Agustinovich

Licensed Marriage and Family Therapist - San Mateo, United States

W: <http://www.worky.com/paul-agustinovich>

Since 1995, Paul Agustinovich, PhD, MFT, has been working to facilitate healing in the lives of individuals, couples, and families through his private, licensed marriage and family therapy practice. Primarily, he works with individuals suffering from depression and anxiety. Dr. Agustinovich often traces these two ailments back to issues of self-worth, childhood trauma, major life changes, and relational issues.

The philosophical foundation of Dr. Agustinovich's practice is humanist and existentialist; that is, he believes people are in control of their own lives and they should be able to live according to their own understandings. With that in mind, he helps clients to realize, in his words, "that they can solve their own problems, discover their own life purpose, and create the change they seek." Additionally, Dr. Agustinovich utilizes Eye Movement Desensitization and Reprocessing (EMDR) and transpersonal coping strategies.

## Paul Agustinovich's Professional Experience

---

1995 - Present **Paul Agustinovich, Ph.D., MFT - Licensed Marriage and Family Therapist**

---

2001 - 2011 **University of San Francisco - Marriage and Family Therapy Supervisor**

---

## Paul Agustinovich's Education and Qualifications

---

2004 **PhD/Doctorate - Psychology**  
**Saybrook Graduate School and Research Center**

---

1988 **Masters/PostGrad - Counseling, Psychology**  
**California State University**

---

1984 **Bachelor/Degree - Psychology**  
**California State University**

---

## Paul Agustinovich's Additional Information

---

### Links

**Paul Agustinovich's Webpage - <http://paulagustinovich.com/>**

**Paul Agustinovich : Tumblr - <http://paulagustinovich.tumblr.com/>**

**Paul Agustinovich @ Twitter - <http://twitter.com/PaulAgustinovic>**

---

### Interests

Reading

Theatre/Film

Jazz

Classical Music

---

### Memberships

Clinical Member California Association of Marriage and Family Therapists

EMDR International Association

---